

Exercises > Gender in Profession / Expert Fields > Nutrition and Gender

Nutrition and Gender

Target group(s):	All participating groups in educational work
Objective:	To raise the awareness of participants for the relationship between nutrition / food habits and their own gender-related attributions, thus sensitise health and gender
Method:	Work in plenary session, associative categorisation of pictures/photographs
Task:	The participants are asked to assign the photographs displayed and pictures on a wall newspaper on a scale from masculine (far left) to feminine (far right). This assignment ought to be steered by the spontaneous associations of the participants.
Evaluation:	 Some classifications are discussed after all the pictures have been hung up: What classifications are controversial, which ones do the participants see similarly? Do men and women evaluate the classifications differently? This will be followed by the keynote presentation "Nutrition and Gender".
Time:	60 -90 minutes (20-30 minutes picture exercise, 40-60 minutes presentation and discussion)
Materials:	2 pin boards, photographs concerning nutrition (see working tool)
Note:	
Working tool(s):	Nutrition photographs, keynote presentation



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Examples: nutrition attitudes of women – men



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